

SPRINGFIELD-COLLINGDALE

J O G G E R ' S J O U R N A L

No. 6

May 27, 1974

SUMMER SCHEDULE BEGINS JUNE 11

The last Sunday afternoon group run in Springfield will be June 9. On Tuesday, June 11, and Thursday, June 13, group runs will begin at both 7:15 p.m. and 8 p.m. from the library. This schedule will continue until September. The two different starting times each night should accommodate more runners. Many of us plan to run both times, with a pleasant break in between for socializing. All awards will be presented just before the 8 p.m. run. The Sunday (4 p.m.) and Wednesday (4:30 p.m.) runs will not be held during the summer.

In Collingdale the last Tuesday (5 p.m.) run will be June 11. Starting Wednesday, June 12, group runs will begin at 7:15 p.m. and 8 p.m. in front of Harris School and will continue every Wednesday until September. The Saturday (9 a.m.) runs will continue as usual throughout the summer.

PARTICIPATION THIS YEAR DOUBLES OVER 1973

Total attendance at Springfield from January 1, 1974, through May 23 was 2397. This figure is more than twice the total of 1190 people who ran during the same period last year. Of course, the track run on Thursdays (6:30 p.m.) is a big factor - we didn't run on Thursdays last year. But the average turnout per session is still much higher. This January we averaged 33 people for 14 group runs, compared to only 19 people for 9 group runs in January, 1973. The average for March, 1974, was a whopping 56 people, compared to 38 a year ago.

Monthly attendance for 1974: January 457; February 426; March 732; April 471; and May 311 (with 3 runs to go). Men have outnumbered women 1561 to 836, or almost 2 to 1.

Sundays have produced the largest turnouts - an average of 52. Thursdays at the track have averaged 38, and we've averaged 30 on Wednesdays. The largest single turnout to date was on Sunday, March 31, with 84 people at the library! The Thursday average for March was 58 people at the track.

Total attendance at Collingdale from January 1, 1974, through May 27 is 742 people, with the following monthly totals: January 145; February 115; March 260; April 145; and May 77 (with 3 runs to go). Men have outnumbered women 548 to 194, or almost 3 to 1. Turnouts have been almost equal for Tuesdays and Thursdays, with an average of 15 people per run.

JULY 4TH TROPHY RACES - 6 P.M. AT THE SPRINGFIELD LIBRARY

There will be a 2.4-mile race (one lap of the long course) for women of all ages and boys 14-and-under. There will be another race of approximately 6 miles open to men (11 years and up) and any women who are willing to tackle the distance. Both races will start together at 6:15 p.m. sharp. Engraved trophies will be awarded at 7:30 p.m. as follows:

2.4-Mile Race

- First boy, 10-and-under
- First boy, 11-to-14
- First woman, any age
- First woman, 30-and-over
- First girl, 12-and-under

6-Mile Race

- First five men, any age
- First man, 30-to-39
- First man, 40-and-over
- First boy, 14-and-under
- First woman, any age

This is a slight change from the July 4th program being distributed by the Jaycees, which advertises 4-mile and 8-mile races. The 6-miler, for which a route has not yet been determined, represents a compromise to ease the administration of the race. An individual can win only one trophy. Ribbons will be awarded all finishers. Trophies will be paid for by the Springfield Jaycees. The regular group runs at 7:15 p.m. and 8 p.m. will not be held on Thursday, July 4.

CAESAR RODNEY RESULTS

On April 7 nearly 30 Springfield and Collingdale joggers drove to Wilmington to run in the 11th Caesar Rodney half-marathon. Twenty-two of us completed the hilly 13-mile course in good condition. Our team placed fourth - out of about 10 teams - behind the Delaware Sports Club (which hosted the race), Sports East (from New Jersey), and the Swarthmore College cross-country team. There were 173 starters altogether from six states. Individual places and times for our group were:

11	1:16:52	Byron Mundy	138	1:55:58	Frank Dilenschneider
27	1:22:09	Joe Frattari	140	1:57:07	Sam Hill
47	1:27:47	Kelly Hardcastle	145	1:58:37	Hal Heckman
51	1:28:58	Kevin Barry	148	2:00:24	Dave Dennis
62	1:30:41	Steve Whitmore	152	2:03:08	Bob Berger
63	1:30:48	John Greenstine	153	2:03:17	George Barnes
64	1:30:48	Mark Clatterbaugh	156	2:07:05	Maridel Walsh
86	1:37:11	Frank Dugan	160	2:10:10	George Koerner
87	1:37:16	Joe Wilkes	163	Ed Germer
113	1:45:44	Bob Koerner	165	Liz Hendrixson
137	1:55:37	Mike Koerner	166	Amy Wilkes

JUNIOR OLYMPICS SET FOR JUNE 14-15

The highlight of the Delaware County Junior Olympics track and field meet will be the 2-mile runs for boys and girls ages 10-11, 12-13, 14-15, and 16-17, which will be held on Friday evening, June 14, at 8:15 p.m. at the Springfield High School track. The 1-mile and 880-yard runs for those ages and for kids 9-and-under will be held on Saturday, starting at noon. This is a great opportunity to see how our many young distance runners will "stack up" against the competition from neighboring communities in Delaware County. Entry blanks are available from Byron Mundy.

SPRINGFIELD JOGGERS AWARDS SINCE FEBRUARY 2

Since the last newsletter of February 2, there have been 92 newcomers at Springfield, bringing the "membership" total to 797. There are 202 joggers who have run 10 times to earn the emblem award, including:

Ralph Cooper, 14	Dave Knight, 35	Craig Hauslein, 11
Tom Stewart, 26	Eileen Schmitt, 13	Kathy Walsh, 14
John Greenstine, 22	Charley Finnegan, 25	Charles Hoover, 57
Ed Germer, 42	Bill Robb, 23	Lisa Kosta, 10
Ralph Cooper, 45	Kathy Moore, 22	Greg Ramey, 11
Jeanne Forest, 46	Frank Carey, 31	Tracey Soulas, 13
Ed Brocchi, 24	Paul Straube, 34	Bernie Haughey, 11
John DiBello, 9	Eric Beam, 19	Kristen Aronson, 7
Alan Barclay, 11	Terry Walsh, 10	Jack Cardwell, 17

There are now 109 T-shirt members in Springfield, the latest additions being:

Morris Blodgett, 56	Barry Schniepp, 30	Kathy Walsh, 14
Sharon Johnson, 20	Eileen Schmitt, 13	Jim Smyth, 31
Kevin Barry, 23	Alan Barclay, 11	Tracey Soulas, 13
Sharon Barclay, 14	Tom Stewart, 26	Craig Hauslein, 11
Larry DiBello, 36	Bruce Turnbull, 17	Cherie Collins, 8
Robbie Chambers, 13	Bill Robb, 23	John Greenstine, 22
Stan Brason, 41	Maureen Finnegan, 24	Kathy Moore, 22
Barbara Kelly, 13	Terry Walsh, 10	Rosemary Clatterbaugh, 15
Robby Ginn, 12	Ralph Cooper, 45	Frank Carey, 31

There are 53 people who have run 40 times to earn the plaque award, the most recent being:

Bob Collins, 32	Ann Marie Simmons, 19	Chris Kracht, 10
Amy Wilkes, 15	Bill Kracht, 38	Tom Wimer, 24
Patty Barry, 10	Chris Woodworth, 11	George Barnes, 44
Frank Dugan, 50	Sharon Barclay, 13	Barbara Kelly, 14
Bob Kantner, 16	Jenny Kracht, 7	Eileen Schmitt, 13
Dot Kracht, 32	Sharon Johnson, 20	Liz Hendrixson, 15
Paula Koerner, 40	Robbie Chambers, 13	
Carole Woodworth, 11	Billy Kracht, 12	

Pauline Koerner, 9, and Maridel Walsh, 17, became the first two women to earn 80th-time Run-For-Your-Life T-shirts. Twelve men have earned this award.

COLLINGDALE AWARDS SINCE FEBRUARY 2

The months of February, March, April, and May produced 75 newcomers, bringing the total "membership" to 175. There are now 39 joggers who have run 10 times, including:

Ann Beadle, 8	John McCormack, 11	Joe DeBellis, 11
Tom Stewart, 26	Brian Devers, 12	Mike Koerner, 13
Linda Reilly, 31	Stan Ropski, 13	George Koerner, 12
Mary Ann Devers, 9	Charley Finnegan, 25	Stephen Ropski, 9
Marie Magee, 13	Kevin McCormack, 12	Al Moravsky, 13
Megan Beadle, 11	Tom Tallon, 31	
Dave Custer, 12	Mike Ropski, 11	

Sixteen people have earned T-shirts for running 20 times, the latest being:

Jim Finnegan, 23	Sam Hill, 29	John Greenstine, 22
Mark Clatterbaugh, 25	Frank Dilenschneider, 19	Mary Ann Devers, 9
Bobby Beadle, 7	Anne Beadle, 9	Maureen Finnegan, 24
Dan Straube, 10	Ed Germer, 43	

SPRINGFIELD FINANCIAL REPORT

The previous newsletter of February 2 contained a complete breakdown of the predicted expenditures for the entire year of 1974, totalling more than \$1400. Since January 1, club expenditures have been \$521, as shown below:

25 Plaques (\$5 each plus tax).....	\$132
7 RUNNER'S WORLD subscriptions...	35
58 T-shirts (regular and RFYL)....	130
500 Ribbons (3 kinds).....	100
40 Copies of "Birthday Run" photos	60
500 Schedule cards.....	11
25 Emblems.....	20
Printing of Newsletter #5.....	17
February postage (200 pieces)..	<u>16</u>
TOTAL	\$521

Approximately \$100 worth of T-shirts and ribbons combined were still in stock as of May 27, 1974.

From January 1 to February 2, \$145 was contributed. Since February 2, \$5 was contributed by each of the following: George Barnes, John Greenstine, Ralph Cooper, Joe Wilkes, Sam Hill, Jeff Barasatian, and Frank Dugan. These people gave \$10 each: Bill Robb, Art Dell, Charley Hoover, and one person wishing to remain anonymous. Bill Kracht gave \$25, Bob Collins also gave \$25, and Bob Koerner gave \$40. Total contributions for the period were \$170, bringing total contributions since January to \$315. All donations of \$5 or more are recognized in this newsletter.

EXPENDITURES FOR COLLINGDALE SINCE JANUARY 1

100 Ribbons.....	\$15	
24 T-shirts (\$2.25 each).....	54	Predicted expenses for
3 Plaques.....	16	the remainder of 1974
500 Schedule cards.....	<u>11</u>	are approximately \$300
	TOTAL	\$96

Since February 2, \$5 was given by John Gillen, Jane Bilbrough, Frank Dugan, Sam Hill, and Linda Reilly. Bill Young and Charley Finnegan each gave \$10. Ed Germer gave \$15, and Paul Straube chipped in \$20. For the period \$80 was contributed, bringing the total contributions since January 1 to \$115.

RUN-FOR-DEANNA RESULTS

Twenty-eight joggers turned in sponsor sheets containing names of hundreds of people pledging money for Deanna Contrisciano, a wheelchair patient in desperate need of financial aid. So far, \$520 has been collected and given to Deanna's father, Michael B. Maierano, of 449 Claremont Road, Springfield. Deanna's parents are very appreciative for all of our help.

Joggers who collected more than \$10 are: Jim Finnegan \$30; Jan Pollock \$47; Patty and Mary Hoath \$18; Kathy Moore \$18; Byron Mundy \$114; Paula, George, Mike and Pauline Koerner \$80; Sharon Johnson \$33; Robbie Chambers \$42; Ann Marie Simmons \$12; Barbara Kelly \$30, Frank Dugan \$50, and Mark Clatterbaugh \$31. Many thanks to all sponsors and collectors.

RUNNING SHORTS

SECOND ANNUAL 24-HOUR RELAY - Many of us are already getting psyched up for this summer's 24-hour relay, to be held some Saturday in August. We plan to start at 10 a.m. (well rested) instead of 8 p.m. (already tired) like last year. Let's pray for a cooler day and try to beat our record of 201 miles.

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There will be another 1-mile Run-For-Fun at Memorial Park in Springfield on July 4th at about 11 a.m. Ribbons will be awarded the first 300 finishers.

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Group runs of 7 and 9 miles continue to be held most Sunday mornings at 9 a.m. at the Springfield library. It's a very sociable gathering, with the pace rarely exceeding 8-minutes-per-mile. Come out and join us!

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Ralph Cooper, Sharon Johnson, Ginnie Nicholson, and Byron Mundy are not only great runners but great singers as well! They're members of the Springfield Choral Society, which presents its annual spring concert on Friday, May 31, at the Municipal Building at 8 p.m. Songs from the musical "Oliver" will be featured in the 50-minute program. Admission is free and open to the public.

MAILING LIST FOR NEWSLETTER #6

(One asterisk (*) indicates 40-time member; two asterisks (**) 80-time member)

Donald Anderson	Ralph Cooper Family	Kelly Hardcastle**
Doris Anzalone*	Fred Cox	Craig Hauslein
Marge Aronson	Kim Crossley	Hal Heckman
John Ashton**	Linda Crozier	Liz Hendrixson*
Elliott Baker	Don Daune	Sam Hill*
Jeff Barasatian*	Frank Davis Family	Mike Harney
Alan Barclay	Art Dell*	Kathy Hoath*
Sharon Barclay*	Dave Dennis	Mary Hoath*
George Barnes*	Tony Diamond	Charles Hoover
Kevin Barry	Larry DiBello Family	Joe Jeffries
Patty Barry*	Frank Dilenschneider	Tom Jenkins Family
The Bean Family	Bill Dower	Sharon Johnson*
George Bennett	Frank Dugan*	John Kalloz*
Bob Berger**	Rich Durbano	Bob Kantner*
Paul Bigelow	Kirk Emmans	Greg Kantner
Jane Bilbrough	The Fallon Family	Barb Kelly*
Morris Blodgett	Susan Fawcett	Jim Kelly
Tom Bonhage	Charles & Maureen Finnegan	Bill King
Kathi Boos	Jim Finnegan	John King
Stan Brason	Dave Forest*	Ted Kirpatrick
Merv Bryan	Joe Frattari**	Joan Kmetz
Ed Brocchi Family	Frank Frick	David Knight
Susie Buchanan	Ed Gerner	Bob Koerner**
Ed Burkhalter	John Gillen	George Koerner**
Horace Capri	The Ginn Family	Mike Koerner**
Frank Carey	Sharon Goebel	Pauline Koerner**
Pam & Bud Carter	Linda Goldman*	Paula Koerner*
Robbie Chambers*	Karl Goodman	Bill Kracht*
Mark Clatterbaugh**	Louis Grant	Billy Kracht*
Rosemary Clatterbaugh	Gary Grant	Chris Kracht*
Bob Collins*	Frank E. Greenberg	Dot Kracht*
Wayne Congar	John Greenstine	Jenny Kracht*
Larry Connolly	Mike Hagan	Mike Lanyon

David Lini*	Kelly O'Brien	Paul Straube
Larry Livingston*	Tim Owens	The Sullivan Family
Art Lord	Jim Phelan	Tom Tallon
Tom Lynch	Jan Pollock	Frank Tallon
John McCabe**	K. C. Ramey*	Skip Tetterer
Roger McConnell	Tom Ratliffe	Scott Thornton**
Mike McGonigle	Linda Reilly	Mary Ellen Tierney
Dennis McElroy	Lew Riess Family	Jack & Kathy Toner
John McHugh	Gary Rivell	Joe Tumelty
Jack McKeever*	Don Roberts	Bruce Turnbull
John McCormack	Bill Robb	Jim Tuson
The McNicholas Family	Browning Ross	Pete Vaningen
John McLarnon	The Ropski Family	Maridel Walsh**
Paul Leo McSorley	Bob Rudolph	Kathy Walsh
Geri Magee	Susanne Ryan	Terry Walsh
The Mammino Family	Paul Sanborn	Neil Weygandt
Ron Mark Family	John Sanders	Steve Whitmore**
Mike Matsko	Bob Scheerer	Paul Wick
Sandy Miller	Eileen Schmitt*	John Wileczek
Jack Molyneaux	Barry Schniepp	Joe Wilkes*
Cathy Monahan	Peter Senisch Family	Amy Wilkes*
Kathy Monville	Ann Marie Simmons*	Kathy Wilson
Kathy Moore	Bob Simons Family	Gar Williams
Joe Morrone	Bernie Smith	Tom Winer*
Ed Morris	Jim Smyth	Gary Wise
Byron Mundy**	Steve Speer	Chris Woodworth*
Ted Nash	Tom Stewart	Carole Woodworth*
Dave Netting*	Geoff Stiteler*	Jack Wright
Virginia Nicholson	Dick Stalberg	Bill Young

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CLUB MOTTO: Run for Fun and Fitness

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